



# CURRICULUM OF MDS COURSES

*Orthodontics and Dentofacial Orthopaedics*

*Conservative Dentistry & Endodontics*

## **CONTENTS:-**

1. Syllabus of Orthodontics and Dentofacial Orthopaedics
2. Syllabus of Conservative Dentistry & Endodontics

## SYLLABUS

The syllabus for post-graduate course includes both Applied Basic Sciences and subjects of concerned specialty. The syllabus in Applied Basic Sciences shall vary according to the particular speciality, similarly the candidates shall also acquire adequate knowledge in other subjects related to their respective speciality.

### SYLLABUS DISTRIBUTION IN VARIOUS SPECIALITIES:

#### (v) ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS

##### Part-I

**Paper-I : Applied Basic Sciences:** Applied anatomy, Physiology, Dental Materials, Genetics, Pathology, Physical Anthropology, Applied Research methodology, Bio-Statistics and Applied Pharmacology.

##### Part-II

**Paper-I :** Orthodontic history, Concepts of occlusion and esthetics, Child and Adult Psychology, Etiology and classification of malocclusion, Dentofacial Anomalies, Diagnostic procedures and treatment planning in Orthodontics, Practice management in Orthodontic  
**Paper II :** Clinical Orthodontics  
**Paper III :** Descriptive and analysing type question

## ORTHODONTICS & DENTOFACIAL ORTHOPAEDICS

### COURSE CONTENT:

The program outlined, addresses both the knowledge needed in Orthodontics and allied Medical specialities in its scope. A minimum of three years of formal training through a graded system of education as specified, will equip the trainee with skill and knowledge at its completion to be able to practice basic Orthodontics and have the ability to intelligently pursue further apprenticeship towards advanced Orthodontics.

### SPREAD OF THE CURRICULUM:

Six month teaching of basic subjects including completion of pre-clinical exercises 2½ years of coverage of all the relevant topics in Orthodontics, clinical training involving treatment of patients and submission of dissertation. These may be divided into blocks of 6 to 8 months duration each, depending on the training policies of each institution.

### I. APPLIED ANATOMY:

- Prenatal growth of head:  
Stages of embryonic development, origin of head, origin of face, origin of teeth.
- Postnatal growth of head:  
Bones of skull, the oral cavity, development of chin, the hyoid bone, general growth of head, face growth.

- **Bone growth:**  
Origin of bone, composition of bone, units of bone structure, schedule of ossification, mechanical properties of bone, roentgen graphic appearance of bone
- **Assessment of growth and development:**  
Growth prediction, growth spurts, the concept of normality and growth increments of growth, differential growth, gradient of growth, methods of gathering growth data. Theories of growth and recent advances, factors affecting physical growth.
- **Muscles of mastication:**  
Development of muscles, muscle change during growth, muscle function and facial development, muscle function and malocclusion
- **Development of dentition and occlusion:**  
Dental development periods, order of tooth eruption, chronology of permanent tooth formation, periods of occlusal development, pattern of occlusion.
- **Assessment of skeletal age**  
The carpal bones, carpal x – rays, cervical vertebrae

## II PHYSIOLOGY:

- **Endocrinology and its disorders**  
(Growth hormone, thyroid hormone, parathyroid hormone, ACTH) pituitary gland hormones, thyroid gland hormones, parathyroid gland hormones
- **Calcium and its metabolism**
- **Nutrition-metabolism and their disorders:** proteins, carbohydrates, fats, vitamins and minerals.
- **Muscle physiology**
- **Craniofacial Biology:** cell adhesion molecules and mechanism of adhesion
- **Bleeding disorders in orthodontics: Hemophilia**

## III DENTAL MATERIALS:

- **Gypsum products:** dental plaster, dental stone and their properties, setting reaction etc.
- **Impression materials:** impression materials in general and particularly of alginate impression material.

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- **Acrylics:** chemistry, composition physical properties
- **Composites:** composition types, properties setting reaction
- **Banding and bonding cements:**  $Zn(PO_4)_2$ , zinc silicophosphate, Zinc polycarboxylate, resin cements and glass ionomer cements
- **Wrought metal alloys:** deformation, strain hardening, annealing, recovery, recrystallization, grain growth, properties of metal alloys
- **Orthodontic arch wires:** stainless steel gold, wrought cobalt chromium nickel alloys, alpha & beta titanium alloys
- **Elastics:** Latex and non-latex elastics.
- **Applied physics,** Bioengineering and metallurgy.
- **Specification and test methods** used for materials used in Orthodontics
- **Survey of all contemporary literature and Recent advances** in above – mentioned materials.

#### IV. GENETICS:

- Cell structure, DNA, RNA, protein synthesis, cell division
- Chromosomal abnormalities
- Principles of orofacial genetics
- Genetics in malocclusion
- 5 Molecular basis of genetics
- Studies related to malocclusion
- Recent advances in genetics related to malocclusion
- Genetic counseling
- Bioethics and relationship to Orthodontic management of patients.

#### V. PHYSICAL ANTHROPOLOGY:

- Evolutionary development of dentition
- Evolutionary development of jaws.

#### VI. PATHOLOGY:

- Inflammation

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- Necrosis

## VII. BIOSTATISTICS:

- Statistical principles
  - o Data Collection
  - o Method of presentation
  - o Method of Summarizing
  - o Methods of analysis – different tests/errors
- Sampling and Sampling technique
- Experimental models, design and interpretation
- Development of skills for preparing clear concise and cogent scientific abstracts and publication

## VIII. APPLIED RESEARCH METHODOLOGY IN ORTHODONTICS:

- Experimental design
- Animal experimental protocol
- Principles in the development, execution and interpretation of methodologies in Orthodontics
- Critical Scientific appraisal of literature.

## IX. APPLIED PHARMACOLOGY

### X. ORTHODONTIC HISTORY:

- Historical perspective,
- Evolution of orthodontic appliances,
- Pencil sketch history of Orthodontic peers
- History of Orthodontics in India

### XI. CONCEPTS OF OCCLUSION AND ESTHETICS:

- Structure and function of all anatomic components of occlusion,
- Mechanics of articulation,
- Recording of masticatory function,
- Diagnosis of Occlusal dysfunction,
- Relationship of TMJ anatomy and pathology and related neuromuscular physiology.

## XII. ETIOLOGY AND CLASSIFICATION OF MALOCCLUSION:

- A comprehensive review of the local and systemic factors in the causation of malocclusion
- Various classifications of malocclusion

## XIII. DENTOFACIAL ANOMALIES:

- Anatomical, physiological and pathological characteristics of major groups of developmental defects of the orofacial structures.

## XIV. CHILD AND ADULT PSYCHOLOGY:

- Stages of child development.
- Theories of psychological development.
- Management of child in orthodontic treatment.
- Management of handicapped child.
- Motivation and Psychological problems related to malocclusion / orthodontics
- Adolescent psychology
- Behavioral psychology and communication

## XV. DIAGNOSTIC PROCEDURES AND TREATMENT PLANNING IN ORTHODONTICS

- Emphasis on the process of data gathering, synthesis and translating it into a treatment plan
- Problem cases – analysis of cases and its management
- Adult cases, handicapped and mentally retarded cases and their special problems
- Critique of treated cases.

### **Cephalometrics**

- Instrumentation
- Image processing
- Tracing and analysis of errors and applications
- Radiation hygiene
- Advanced Cephalometric techniques
- Comprehensive review of literature
- Video imaging principles and application.



## **XVII. PRACTICEMANAGEMENT IN ORTHODONTICS:**

- Economics and dynamics of solo and group practices
- Personal management
- Materials management
- Public relations
- Professional relationship
- Dental ethics and jurisprudence
- Office sterilization procedures
- Community based Orthodontics.

## **XVIII. CLINICAL**

### **ORTHODONTICS: Myofunctional Orthodontics:**

- Basic principles
- Contemporary appliances – their design and manipulation
- Case selection and evaluation of the treatment results
- Review of the current literature.

### **Dentofacial Orthopedics**

- Principles
- Biomechanics
- Appliance design and manipulation
- Review of contemporary literature

### **Cleft lip and palate rehabilitation:**

- Diagnosis and treatment planning
- Mechanotherapy
- Special growth problems of cleft cases
- Speech physiology, pathology and elements of therapy as applied to orthodontics
- Team rehabilitative procedures.

### **Biology of tooth movement:**

- Principles of tooth movement-review
- Review of contemporary literature
- Applied histophysiology of bone, periodontal ligament
- Molecular and ultra cellular consideration in tooth movement

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### Orthodontic / Orthognathic surgery:

- Orthodontist'role in conjoint diagnosis and treatmentplanning
- Pre and post-surgical Orthodontics
- Participation in actualclinical cases, progress evaluation and post retention study
- Review of current literature

### Ortho / Perio/ Prosthodontics inter relationship

- Principles of interdisciplinary patient treatment
- Common problems and their management

### Basic principles of MechanotherapyIncludes Removable appliances and fixed appliances

- Design
- Construction
- Fabrication
- Management
- Review of current literatureon treatmentmethods andresults

### Applied preventive aspects in Orthodontics

- Caries and periodontal disease prevention
- Oral hygienemeasures
- Clinical procedures

### InterceptiveOrthodontics

Principles

Growth guidance

Diagnosis and treatment planning

Therapy emphasis on:

- a. Dento-facial problems
- b. Tooth material discrepancies
- c. Minorsurgery for Orthodontics

### Retention and relapse

Mechanotherapy – specialreference to stability of results with various procedures

Post retention analysis

Review of contemporary literature



## XIX. RECENT ADVANCES LIKE:

Use of implants

Lasers

Application of F.E.M.

Distraction Osteogenesis

## SKILLS:

### II. Pre – Clinical Exercises

A general outline of the type of exercises is given here. Every institution can decide the details of exercises under each category.

1. General Wirebending exercises to develop the manual dexterity.
2. Clasps, Bows and springs used in the removable appliances.
3. Soldering and welding exercises.
4. Fabrication of removable habit breaking, mechanical and functional appliances, also all types of space maintainers and space regainers.
5. Bonwill Hawley Ideal arch preparation.
6. Construction of orthodontic models trimmed and polished preferably as per specifications of Tweed or A.B.O.
7. Cephalometric tracing and various Analyses, also superimposition methods –
8. Fixed appliance orthodontic exercises.
  - a) Training shall be imparted in one basic technique i.e. Standard Edgewise / Begg technique or its derivative / Straight wire etc., with adequate exposure to other techniques.
  - b) Orthodontic exercise
    - i. Band making
    - ii. Bracket positioning and placement
    - iii. Different stages in treatment appropriate to technique taught

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9. Clinical photography
10. Computerized imaging
11. Preparation of surgical splints, and splints for TMJ problems.
12. Handling of equipments like vacuum forming appliances and hydro solder etc.

*First Year*

I. Basic Pre-Clinical Exercise Work for the MDS Students: First 6 Months

**1. NON-APPLIANCE EXERCISES**

All the following exercises should be done with 0.7 or 0.8mm wire

Sl.No.	Exercise	No.
1	Straightening of 6" & 8" long wire	1 each
2	Square	1
3	Rectangle	1
4	Triangle of 2" side	1
5	Circle of 2" side	1
6	Bending of 5U's	1
7	Bending of 5V's	1

**2. CLASPS**

Sl.No	Exercise	No.
1	¾ Clasps	2
2	Full clasps	2
3	Triangular Clasps	2
4	Adam's clasp - upper molar	2
5	Adam's Clasp - lower molar	2
6	Adam's Clasp - Pre-molar	2
7	Adam's Clasp - Incisor	2
8	Modification of Adam's - With Helix	2
9	Modification of Adam's - With distal extension	2
10	Modification of Adam's - With soldered tube	2
11	Duyzing Clasps on Molars	2
12	Southend Clasp	1

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### 3. LABIAL BOWS

Sl.No.	Exercise	No.
1	Short labial bow (upper & lower)	1
2	Long labial bow (upper & lower)	1
3	Robert's retractor	1
4	High labial bow-with apronspring's	1
5	Mill's labial bow	1
6	Reverse looplabial bow	1
7	Retention labial bowsoldered to Adam's clasp	1
8	Retention labial bow extending distal to second molar	1
9	Fitted labial bow	1
10	Split high labial bow	1

### 4. SPRINGS

Sl.No.	Exercise	No.
1	Finger spring-mesial movement	2
2	Finger spring-distal movement	2
3	Double cantilever spring	2
4	Flapper spring	2
5	Coffin spring	2
6	T spring	2

### 5. CANINE RETRACTORS

Sl.No.	Exercise	No.
1	U loopcanineretractor	2PAIRS
2	Helical canine retractor	2PAIRS
3	Palatal canine retractor	2PAIRS
4	Self-supporting canine retractor	2PAIRS
5	Self-supporting canine retractor	2PAIRS

### 6. APPLIANCES

Sl.No.	Exercise
1	Hawley's retention appliance with anterior bite plane
2	Upper Hawley's appliancewith posterior bite plane
3	Upper expansion appliance with coffin spring
4	Upper expansion appliance with coffin spring
5	Upper expansion appliance with expansion screw
6	Habit breaking appliancewith tongue crib
7	Oralscreen and double oral screen
8	Lip bumper
9	Splint for Bruxism

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10	Catalans appliance
11	Activator
12	Bionator
13	Frankel-FR 2 appliance
14	Twin block
15	Lingual arch
16	TPA
17	Quad helix
18	Bihelix
19	Utility arches
20	Pendulum appliance

### 7. Soldering exercises

Sl.No.	Exercise	No.
1	Star	1
2	Comb	1
3	Christmas tree	1
4	Soldering buccal tube on molar bands	1

### 8. Welding exercises

Sl.No.	Exercise
1	Pinching and welding of molar, premolar, canine and incisor bands
2	Welding of buccal tubes and brackets on molar bands and incisor bands

### 9. Impression of upper and lower arches in alginate

### 10. Study model preparation

### 11. Model analysis

Sl.No.	Exercise
1	Impression of upper and lower dental arches
2	PREPARATION OF STUDY MODEL – 1
3	PREPARATION OF STUDY MODEL – 2
4	PREPARATION OF STUDY MODEL – 3

### 12. Cephalometrics

Sl.No.	Exercise
1	Lateral cephalogram to be traced in five different colors and superimposed to see the
2	Steiner's analysis

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3	Down's analysis
4	Tweed analysis
5	Rickett's analysis
6	Burrstone analysis
7	Rakosi's analysis
8	Mc Namara analysis
9	Bjork analysis
10	Coben's analysis
11	Harvold's analysis
12	Soft tissue analysis –Holdaway and Burstone

13. Basics of Clinical Photography including Digital Photography

14. Lightwire bending exercises for the Begg technique

Sl.No.	Exercise
1	Wire bending technique on 0.016' wire circle "Z" Omega
2	Bonwill-Hawley diagram
3	Making a standard archwire
4	Inter maxillary hooks- Bootleg and InterMaxillary type
5	Upper and Lower arch wire
6	Bending a double back arch wire
7	Bayonet bends (vertical and horizontal offsets)
8	Stage-III arch wire
9	Torquing auxiliary (upper)
10	Reverse Torquing (lower)
11	Up righting spring

15. Typhodont exercises: (Begg or P.E.A. method)

Sl.No	Exercise
1	Teeth setting in Class-II division I malocclusion with maxillary anterior Proclination and mandibular anterior crowding
2	Band pinching, welding brackets and buccal tubes to the bands
3	Stage-I
4	Stage-II
5	Pre Stage-III
6	Stage-III

**CLINICAL WORK:**

Once the basic pre-clinical work is completed the students can take up clinical cases and the clinical training is for the two and half years.

Each postgraduate student should start with a minimum of 50 cases of his/her own. Additionally he/she should handle a minimum of 20 transferred cases.

The type of cases can be as follows:

- i. Removable active appliances- 5 cases
- ii. Class-I malocclusion with Crowding
- iii. Class-I malocclusion with bi-maxillary protrusion
- iv. Class-II division-1
- v. Class-II division-2
- vi. Class-III (Orthopedic, Surgical, Orthodontic cases)
- vii. Inter disciplinary cases
- viii. Removable functional appliance cases like activator, Bionator, functional regulator, twin block and new developments
- ix. Fixed functional appliances – Herbst appliance, Jasper jumper etc – 5 cases
- x. Dento-facial orthopedic appliances like headgears, rapid maxillary expansion niti expander etc., - 5 cases
- xi. Appliance for arch development such as molar distalization – m 5 cases
- xii. Fixed mechano therapy cases (Begg, PEA, Tip edge, Edgewise)

Retention procedures of above treated cases.

*Other work to be done during FIRST YEAR*

1. **Seminars:** One Seminar per week to be conducted in the department. A minimum of five seminars should be presented by each student each year
2. **Journal club:** One Journal club per week to be conducted in the department. A minimum of five seminars should be presented by each student each year
3. **Protocol for dissertation** to be submitted on or before the end of six months from the date of admission.
4. **Undergraduate classes:** Around 4–5 classes should be handled by each post-graduate student
5. **Field survey:** To be conducted and submit the report
6. **Inter-departmental meetings:** should be held once in a month.
7. **Case discussions**
8. **Field visits:** To attend dental camps and to educate the masses

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9. Basic subjects classes

10. Internal assessment or Term paper

Second Year:

The clinical cases taken up should be followed under the guidance. More cases discussions and cases to be taken up. Other routine work as follows.

1. **Seminars:** One Seminar per week to be conducted in the department. Each student should present a minimum of five seminars each year.
2. **Journal club:** One Journal club per week to be conducted in the department. Each student should present a minimum of five seminars each year.
3. **Library assignment to be submitted on or before the end of six months.**
4. **Undergraduate classes:** each post-graduate student should handle Around 4-5 classes.
5. **Inter-departmental meetings:** Should be held once in a month
6. **Case discussions**
7. **Field visits: To attend dental camps and to educate the masses.**
8. **Internal assessment or term paper.**
9. **Dissertation work:** On getting the approval from the university work for the dissertation to be started.

Third Year:

The clinical cases taken up should be followed under the guidance. More cases discussions and cases to be taken up. Other routine work as follows:

1. **Seminars:** One Seminar per week to be conducted in the department. Each student should present a minimum of five seminars each year.
2. **Journal Club:** One Journal club per week to be conducted in the department. A minimum of five seminars should be presented by each student each year
3. **Under graduate classes:** each post – graduate student, should handle Around 4-5 classes.
4. **Inter-departmental meetings:** Should be held once in a month.
5. **The completed dissertation should be submitted six months before the final examination**
6. **Case discussions**
7. **Field visits:** To attend dental camps and to educate the masses.
8. **Finishing and presenting the cases taken up.**

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9. **Preparation of finished cases and presenting the cases** (to be presented for the examination)
10. *Mock examination*

## CONSERVATIVE DENTISTRY AND ENDODONTICS

### Part-I

**Paper-I: Applied Basic Sciences:** Applied Anatomy, Physiology, Pathology including Oral Microbiology, Pharmacology, Biostatistics and Research Methodology and Applied Dental Materials.

### Part-II

Paper-I : Conservative Dentistry

Paper-II: Endodontics

Paper-III : Descriptive and analyzing type question

## CONSERVATIVE DENTISTRY AND ENDODONTICS

### Human Values, Ethical Practice and Communication

#### Abilities

- Adopt ethical principles in all aspects of restorative and contemporary Endodontics including non-surgical and surgical Endodontics.
- Professional honesty and integrity should be the top priority.
- Dental care has to be provided regardless of social status, caste, creed or religion of the patient.
- Develop communication skills in particular to explain various options available management and to obtain a true informed consent from the patient.
- Apply high moral and ethical standards while carrying on human or animal research
- He/She shall not carry out any heroic procedures and must know his limitations in performing all aspects of restorative dentistry including Endodontics. Ask for help from colleagues or seniors when required without hesitation
- Respect patient's rights and privileges including patients right to information.

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## COURSE CONTENTS:

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### APPLIED ANATOMY OF HEAD AND NECK

- Development of face, paranasal sinuses and the associated structures and their anomalies, cranial and facial bones, TMJ anatomy and function, arterial and venous drainage of head and neck, muscles of face and neck including muscles of mastication and deglutition, brief consideration of structures and function of brain. Brief consideration of all cranial nerves and autonomic nervous system of head and neck. Salivary glands, Functional anatomy of mastication, deglutition and speech. Detailed anatomy of deciduous and permanent teeth, general consideration in physiology of permanent dentition, form, function, alignment, contact, occlusion.)
- Internal anatomy of permanent teeth and its significance
- Applied histology – histology of skin, oral mucosa, connective tissue, bone cartilage, blood vessels, lymphatics, nerves, muscles, tongue.

### DEVELOPMENT OF TEETH:

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- Enamel – development and composition, physical characteristics, chemical properties, structure
- Age changes – clinical structure
- Dentin – development, physical and chemical properties, structure type of dentin, innervations, age and functional changes.
- Pulp – development, histological structures, innervations, functions, regressive changes, clinical considerations.
- Cementum – composition, cementogenesis, structure, function, clinical consideration.
- Periodontal ligament – development, structure, function and clinical consideration.
- Salivary glands – structure, function, clinical considerations.
- Eruption of teeth.

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## APPLIED PHYSIOLOGY:

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- Mastication, deglutition, digestion and assimilation, fluid and electrolyte balance.
- Blood composition, volume, function, blood groups, haemostasis, coagulation, blood transfusion, circulation, heart, pulse, blood pressure, shock, respiration, control, anoxia, hypoxia, asphyxia, artificial respiration, and endocrinology – general principles of endocrine activity and disorders relating to pituitary, thyroid, parathyroid, adrenals including pregnancy and lactation.
- Physiology of saliva – composition, function, clinical significance.
- Clinical significance of vitamins, diet and nutrition – balanced diet.
- Physiology of pain, sympathetic and Para sympathetic nervous system, pain pathways, physiology of pulp pain, Odontogenic and non Odontogenic pain, pain disorders – typical and atypical, biochemistry such as osmotic pressure, electrolytic dissociation, oxidation, reduction etc. Carbohydrates, proteins, lipids and their metabolism, nucleoproteins, nucleic acid and their metabolism. Enzymes, vitamins and minerals, metabolism of inorganic elements, detoxification in the body, anti metabolites, chemistry of blood lymph and urine.

## PATHOLOGY:

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- Inflammation, repair, degeneration, necrosis and gangrene.
- Circulatory disturbances – ischemia, hyperemia, edema, thrombosis, embolism, infarction, allergy and hypersensitivity reaction.
- Neoplasms – classifications of tumors, characteristics of benign and malignant tumors, spread tumors.
- Blood dyscrasias
- Developmental disturbances of oral and Para oral structures, dental caries, regressive changes of teeth, pulp, periapical pathology, pulp reaction to dental caries and dental procedures.
- Bacterial, viral, mycotic infections of the oral cavity.

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MICROBIOLOGY:

- Pathways of pulp infection, oral flora and microorganisms associated with endodontic diseases, pathogenesis, host defense, bacterial virulence factors, healing, theory of focal infections, microbes or relevance to dentistry—strepto, staphylococci, lactobacilli, corynebacterium, actinomycetes, clostridium, neisseria, vibrio, bacterioids, fusobacteria, spirochetes, mycobacterium, virus and fungi.
- Cross infection, infection control, infection control procedure, sterilization and disinfection.
- Immunology – antigen antibody reaction, allergy, hypersensitivity and anaphylaxis, auto immunity, grafts, viral hepatitis, HIV infections and aids. Identification and isolation of microorganisms from infected root canals. Culture medium and culturing technique (Aerobic and anaerobic interpretation and antibiotic sensitivity test).

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PHARMACOLOGY:

- Dosage and route of administration of drugs, actions and fate of drug in body, drug addiction, tolerance of hypersensitivity reactions.
- Local anesthesia – agents and chemistry, pharmacological actions, fate and metabolism of anaesthetic, ideal properties, techniques and complications.
- General anesthesia – premedications, neuromuscular blocking agents, induction agents, inhalation anesthesia, and agents used, assessment of anesthetic problems in medically compromised patients.
- Anaesthetic emergencies
- Antihistamines, corticosteroids, chemotherapeutic and antibiotics, drug resistance, haemostasis, and haemostatic agents, anticoagulants, sympathomimetic drugs, vitamins and minerals (A, B, C, D, E, K, IRON), antisialogogue, immunosuppressants, drug interactions, antiseptics, disinfectants, anti viral agents, drugs acting on CNS.

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BIOSTATISTICS:

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- Introduction, Basic concepts, Sampling, Health information systems – collection, compilation, presentation of data. Elementary statistical methods – presentation of statistical data, Statistical averages – measures of central tendency, measures of dispersion, Normal distribution. Tests of significance – parametric and non-parametric tests (Fisher exact test, Sign test, Median test, Mann Whitney test, Kruskal Wallis one way analysis, Friedman two way analysis, Regression analysis), Correlation and regression, Use of computers.

RESEARCH METHODOLOGY:

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- Essential features of a protocol for research in humans
- Experimental and non-experimental study designs
- Ethical considerations of research

APPLIED DENTAL MATERIALS:

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- Physical and mechanical properties of dental materials, biocompatibility.
- Impression materials, detailed study of various restorative materials, restorative resin and recent advances in composite resins, bonding- recent developments- tarnish and corrosion, dental amalgam, direct filling gold, casting alloys, inlay wax, die materials, investments, casting procedures, defects, dental cements for restoration and pulp protection (luting, liners, bases) cavity varnishes.
- Dental ceramics- recent advances, finishing and polishing materials.
- Dental burs – design and mechanics of cutting – other modalities of tooth preparation.
- Methods of testing biocompatibility of materials used.



## CONSERVATIVE DENTISTRY

1. Examination, diagnosis and treatment plan
2. Occlusion as related to conservative dentistry, contact, contour, its significance. Separation of teeth, matrices, used in conservative dentistry.
3. Dental caries- epidemiology, recent concept of etiological factors, pathophysiology, Histopathology, diagnosis, caries activity tests, prevention of dental caries and management- recent methods.
4. Hand and rotary cutting instruments, development of rotary equipment, speed ranges, hazards.
5. Dental burs and other modalities of tooth preparation- recent developments (air abrasions, lasers etc)
6. Infection control procedures in conservative dentistry, isolation equipments etc.
7. Direct concepts into tooth preparation for amalgam, composite, GIC and restorative techniques, failures and management.
8. Direct and indirect composite restorations.
9. Indirect tooth colored restorations- ceramic, inlays and onlays, veneers, crowns, recent advances in fabrication and materials.
  - a. Tissue management
10. Impression procedures used for indirect restorations.
11. Cast metal restorations, indications, contraindications, tooth preparation for class 2 inlay, Onlay full crown restorations.  
Restorative techniques, direct and indirect methods of fabrication including materials used for fabrication like inlay wax, investment materials and
12. Direct gold restorations.
13. Recent advances in restorative materials and procedures.
14. Management of non-cariou lesion.
15. Advance knowledge of minimal intervention dentistry.
16. Recent advances in restoration of endodontically treated teeth and grossly mutilated teeth
17. Hypersensitivity, theories, causes and management.
18. Lasers in Conservative Dentistry
19. CAD-CAM & CAD-CIM in restorative dentistry
20. Dental imaging and its applications in restorative dentistry (clinical photography)
21. Principles of esthetics
  - Color
  - Facial analysis

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- Smile design
- Principles of esthetic integration
- Treatment planning in esthetic dentistry

## ENDODONTICS

### 1. Rationale of endodontics.

Knowledge of internal anatomy of permanent teeth, anatomy of root apex and its implications in endodontic treatment.

### 2. Dentin and pulp complex.

### 3. Pulp and periapical pathology

### 4. Pathobiology of periapex.

### 5. Diagnostic procedure – recent advances and various aids used for

diagnosis- a. Orofacial dental pain emergencies: endodontic diagnosis and management

### 6. Case selection and treatment planning

### 7. Infection control procedures used in Endodontics (aseptic techniques such as rubber dam, sterilization of instruments etc.)

### 8. Access cavity preparation – objectives and principles

### 9. Endodontic instruments and instrumentation – recent developments, detailed description of hand, rotary, sonic, ultra sonic etc..

### 10. Working length determination / cleaning and shaping of root canal system and recent development in techniques of canal preparation.

### 11. Root canal irrigants and intracanal medicaments used including non-surgical Endodontics by calcium hydroxide.

### 12. Endodontic microbiology.

### 13. Obturating materials, various obturation techniques and recent advances in obturation of root canal.

### 14. Traumatic injuries and management – endodontic treatment for young permanent teeth.

Pediatric Endodontics – treatment of immature apex.

### 15. Endodontic surgeries, recent developments in technique and devices, endosseous endodontic implants – biology of bone and wound healing.

### 16. Endo-perio interrelationship, endo + Perio lesion and management

### 17. Drugs and chemicals used in Endodontics

### 18. Endo emergencies and management.

### 19. Restoration of endodontically treated teeth, recent advances.

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21. Geriatric Endodontics
22. Endo emergencies and management.
23. Biologic response of pulp to various restorative materials and operative procedures.
24. Lasers in Endodontics.
25. Multidisciplinary approach to endodontics situations.
26. Endodontics radiology- digital technology in endodontics practice.
27. Local anesthesia in endodontics.
28. Procedural errors in endodontics and their management.
29. Endodontics failures and retreatment.
30. Resorptions and its management.
31. Microscopes in endodontics.
32. Single visit endodontics, current concepts and controversies.

### TEACHING /LEARNING ACTIVITIES:

The following is the minimum required to be completed before the candidate can be considered eligible to appear for final MDS exam.

#### Pre Clinical Work – Operative and Endodontics

##### Preclinical work on typhodont teeth

- |  |      |
|--|------|
| 1. Class 2 amalgam cavities              |      |
| a. Conservative preparation              | - 03 |
| b. Conventional preparation              | - 03 |
| 2. Inlay cavity preparation on premolars |      |
| And molars – MO, DO, MOD                 | - 10 |
| a. Wax pattern                           | - 06 |
| b. Casing                                | - 04 |
| 3. Onlay preparation on molars           | -    |
| 02 a. Casting                            | - 01 |

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- 4. Full Crown
  - a. Anterior - 05
  - b. Posterior - 05
 (2 each to be processed)
  
- 5. 7/8 crown - 02
  
- 6. 3 / 4 crown premolars - 02

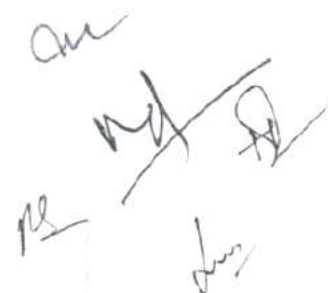
**Pre Clinical work on natural teeth**

- 1. Inlay on molars and premolars MO, DO, and MOD - 08
  - a. Casting- 02
  - b. Wax pattern - 02
- 2. Amalgam cavity preparation
  - a. Conventional - 02
  - b. Conservative - 02
- 3. Pin retained amalgam on molar teeth - 02
- 4. Post and core build
  - b. Posterior teeth - 05
- 5. Casting
  - b. Posterior - 02
- 6. Onlay on molars - 03  
(1 to be processed)
- 7. Full crown premolars and molars - 04
- 8. Full crown anterior - 06  
(2 and 3 to be processed)
- 9. Veneers anterior teeth(indirect method) - 02
- 10. Composite inlay (class 2) (1 to be processed) - 03
- 11. Full tooth wax carving – all permanent teeth

**ENDODONTICS:**

1. Sectioning of all maxillary and mandibular teeth.
2. Sectioning of teeth – in relation to deciduous molar, 2<sup>nd</sup> primary upper and lower molar 1 each
3. Access cavity opening and root canal therapy in relation to maxillary and mandibular permanent teeth
4. Access cavity preparation and BMP  
Anterior
  - a. Conventional prep
  - b. Step back
  - c. Crown downObturation 03
5. BMP Premolar 06 (2 upper and 2 lower) obturation 1 each
6. BMP Molar 06 (3 upper – 2 first molars and 1 second molar, 3 lower – 2 first molars and 1 second molar) obturation 1 each
7. Post and core preparation and fabrication in relation to anterior and posterior teeth
  - a. Anterior 10 (casting 4)
  - b. Posterior 05 (casting 2)
8. Removable dies 04

**Note : Technique work to be completed in the first four months**



### CLINICALWORK:

A	Compositerestorations	30
B	GIC Restorations	30
C	Complex amalgam restorations	05
D	Composite inlay + veneers(direct and indirect)	05
E	Ceramic jacketcrowns	05
F	Post andcore for anteriorteeth	05
G	Bleaching vital	05
	Non vital	05
H	RCT Anterior	20
I	Endo surgery– observation and assisting	05

### Presentationof:

- Seminars – 5seminars by each student – should include topics in dental materials, conservative dentistry and endodontics
- Journalclubs - by eachstudent
- Submission ofsynopsis at the end of 6 months
- Library assignment work
- Internal assessment – theory and clinicals.

### Case discussion- 5

1	Ceramic jacket crowns	10
2	Post andcore for anteriorteeth	10
3	Post andcore for posterior teeth	05
4	Compositerestoration	05
5	Full crown for posterior teeth	15
6	Cast gold inlay	05
7	Otherspecialtypes of work such as splinting	05
8	AnteriorRCT	20
9	Posterior RCT	30
10	Endo surgeryperformed independently	05
11	Management of endo – Perio problems	05

- Under graduate teaching program as allotted by the HOD
- Seminars – 5by each student
- Journalclub– 5 by eachstudent
- Dissertationwork
- Prepare scientific paper and present in conference and clinical meeting
- Library assignment to be submitted 18 months after starting of thecourse
- Internal assessment – theory and clinical

Dissertationwork to besubmitted 6 months before final examination.





## Clinicalwork

- Cast gold inlay- Onlay, cuspal restoration 10
- Post andcore 20
- Molar endodontics 50
- Endo surgery 05
- All other types of surgeries including crownlengthening, perioesthetics, hemi sectioning, splinting, replantation, endodontic implants.

## Presentationof:

- Seminars
- Journalclub
- Teaching – lecture(undergraduates)
- Internal assessment – theory and clinical

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